

University of Colorado Colorado Springs Wellness Center Mental Health Services *Psychology Internship Program Information*

APPIC Requirements Provisional Members

The University of Colorado Colorado Springs (UCCS) Mental Health Services (MHS) offers two Psychology Internship opportunities. We are currently Provisional APPIC members and are participating in the Match Process. MHS meets the requirements determined by APPIC for Provisional Member internship programs to follow. Those requirements are:

- 1. We have an organized training program with a defined curriculum to provide sequential training. Our training program has been in place since 2008 and we have trained all levels of psychology students as well as counseling students to include; psychology pre-practicum students, psychology practicum students, counseling practicum/internship students, psychology interns, and psychology post-doctoral residents. Our training program involves a variety of topics as part of didactic training, seminars, and individual learning opportunities. (See Curriculum) MHS has a mission statement that clearly states our goals and objectives for our training program. (Protocol, Procedures and Training Manual, pgs. 4,5).
- 2. Our internship program is run by our Director of Clinical Training (DCT). The DCT is a licensed psychologist in the state of Colorado and has years of experience supervising and training graduate students as well as training other licensed clinicians in supervision. The DCT is a full-time staff member at UCCS.
- 3. As a part of the internship program interns have 2 hours of individual supervision per week that include supervision of direct therapy hours, crisis and emergency services and psychological evaluations.
- 4. Interns will have the opportunity to learn how to administer and interpret psychological test batteries under the supervision of licensed psychologists. They will gain experience writing concise, well integrated reports and individualized recommendations that convey meaningful information to clients. Referral concerns at MHS range from emotional adjustment issues to potential cognitive impairments. Experience with psychological evaluations supports Interns in learning how to make accurate and efficient diagnostic and referral decisions.
- 5. MHS has didactic trainings provided by our licensed staff as well as community resources, we have group supervision each week, case presentations, seminars provided on various topics, and in-service trainings to encourage learning in various forms.



- 6. The internship program is offered to those that have completed all their coursework for their degree in psychology but occurs prior to graduation with their doctoral degree.
- 7. We offer two internship positions for 40 hours per week. We would consider allowing an intern to complete 20 hours per week for two years but that would have to be discussed with the DCT.
- 8. Internships start the first week of August and will be completed in no less than 12 months and if approved by the DCT no longer than 24 months.
- 9. Our internship hours and experiences meet the criteria for licensure in the state of Colorado.
- 10. The interns will be evaluated 2 times per year, one time after the first semester and then again at the end of the internship. The evaluations will be from MHS based on APA competencies for psychology interns and from the degree program for the intern. Additionally, the interns will have the opportunity to evaluate their supervisors and the program and the facility 2 times per year. An exit interview is conducted at the end of the program and there is additional informal evaluation of their experience at that time.
- 11. The internship position is a paid position that is competitive with other internships in Colorado. The stipend is \$34,800 with UCCS employee benefits (see UCCS Website for details).