

SHAB MINUTES



UCCS SHAB Minutes

Meeting Name: **SHAB**

Date: 10.24.22

Time: **4:02PM**

Location: Rec and Wellness Center

Call to Order

Time: 4:03 pm

Roll Call

Member Name	Present	Absent	Excused (Y/N)
Isabella P.	X		
Amanda R.	X		
Aiyanna Q.	X		
Christy D.	X		
Madeline M.	X		
Stephanie H.	X		
Trinity B		X	
Milly S		X	
McKensie P.		X	
Hazel R.	X		

New Business

Call to Order

- a. Introductions
2. Approval of Minutes from September 26, 2022
3. Overview of SHAB
4. Confidentiality Agreement
5. Board Member Agreement
6. Nominations Chair, Vice Chair, Secretary
7. Voting Chair, Vice Chair, Secretary
8. Review of Bylaws
9. Discussion and Creation of Language for Proposed Fee Increase for Fall 2023
10. Recruitment

11. Meeting Schedule for Fall

12. Adjourn Meeting

Discussion Items

Introductions

- Board members introduced themselves.

Overview of SHAB

- Board oversees all aspects of health including mental health, physical health, nutrition, and wellness
- 30% of students under/uninsured
- The board provides valuable insight into services that benefits the UCCS community
- The board participates in annual Recreation and Wellness Centers
- The board creates events to raise health awareness around campus.
- During meetings, the board host guest speakers from the community
- The board participates in networking and volunteering events
- This year the board aims to start an emergency fund for students
- The board will advertise the Wellness Center and all its practices for students through the fall and spring semester
- Needs to be a minimum of 7 people. (5 student, 1 faculty, and staff)

Confidentiality agreement

- Members on the board signed a confidentiality agreement to protect confidentiality of the Wellness Center and its patients

Board member agreement

- Students on the board will also sign a board member agreement

Review of Bylaws

- Temporary suspension of chairperson being on board previously

Recruitment

- The board needs more student members to function.
- Enough voters for quorum but need 7 voting members (2 more)
- Non-voting members
- Officers
 - Chair
 - Vice Chair
 - Secretary

Discussion and Creation of Language for Proposed Fee Increase for Fall 2023

- The wellness center may implement a fee increase to better support the Wellness Center's resources and policies

- Counseling entire budget is \$5,000
- Purpose of fee increase
 - All services, mental health, clinic, etc.
 - Bond for building
 - Interest on bond
 - To replace soft funding
 - Fund another position
 - Mainly mental health related
 - 3 free counseling sessions for all students
 - Online counseling
 - Maintaining funding for Silver Cloud
 - Dieticians and cooking classes
 - More prevention work on front end
- Motion to approve language by Aiyanna, seconded by Madeline
- Approved by unanimous consent

Meeting Schedule for Fall

- Meetings for the fall semester will occur on Mondays from 4:00Pm-5:00Pm once a month for SHAB

Adjourn

- Meeting adjourned at 5:03
- Next meeting will be November 7th, 2022 in the Wellness Center from 4:00PM-5:00Pm