

SHAB MINUTES



UCCS SHAB Minutes

Meeting Name: **SHAB**

Date: 09.26.22

Time: **4:03PM**

Location: Rec and Wellness Center

Call to Order

Time: 4:03 pm

Roll Call

Member Name	Present	Absent	Excused (Y/N)
Isabella P.	X		
Amanda R.	X		
Aiyanna Q.	X		
Christy D.	X		
Madeline M.	X		
Stephanie H.	X		
Trinity B		X	
Milly S		X	
McKensie P.		X	

New Business

Call to Order

- a. Introductions
 - Overview of SHAB
 - Confidentiality agreement
 - Board member agreement
 - Review of Bylaws
 - Recruitment
 - Fee Increases for 2023
 - Meeting Schedule for Fall
 - Adjourn

Discussion Items

Introductions

- Board members introduced themselves.

Overview of SHAB

- Board oversees all aspects of health including mental health, physical health, nutrition, and wellness
- The board provides valuable insight into services that benefits the UCCS community
- The board participates in annual Recreation and Wellness Centers
- The board creates events to raise health awareness around campus.
- During meetings, the board host guest speakers from the community
- The board participates in networking and volunteering events
- This year the board aims to start an emergency fund for students
- The board will advertise the Wellness Center and all its practices for students through the fall and spring semester
- Needs to be a minimum of 7 people. (5 student, 1 faculty, and staff)

Confidentiality agreement

- Students remaining on the board will sign a confidentiality agreement to protect confidentiality of the Wellness Center and its patients

Board member agreement

- Students on the board will also sign an board member agreement

Review of Bylaws

Recruitment

- The board needs more student members to function.

Fee Increases for 2023

- The wellness center may implement a fee increase to better support the Wellness Center's resources and policies

Meeting Schedule for Fall

- Meetings for the fall semester will occur on Mondays from 4:00Pm-5:00Pm once a month for SHAB

Adjourn

- Meeting adjourned at 5:03
- Next meeting will be October 24, 2022 in the Wellness Center from 4:00PM-5:00Pm