



Recreation and Wellness Center

UNIVERSITY OF COLORADO
COLORADO SPRINGS

UCCS Recreation Advisory Board Regular Meeting

Meeting Minutes

March 12, 2019

3:30 pm

Gallogly Recreation & Wellness Center, Mountain Lion Meeting Room

I. CALL TO ORDER

Cole Martin called to order the regular monthly board meeting of the Recreation Advisory Board at 3:44pm on March 12, 2019 at the Gallogly Recreation & Wellness Center Mountain Lion Meeting Room.

A. Roll Call

Present: Eli Sheets, Stephen Holmes, Cole Martin, Steve Jennings, Grant Nelson, Vicki Schober, Tamara Marshall

Ex-Officio Staff Present: Skyler Rorabaugh, David Fehring

Late: Shelby Blanchard [Arrived 4:02], Shonda Johnson [Arrived 4:22]

Absent: Danielle Morin, Darius Pardner, Kimberly Humphrey, Aislin Khleif, Mark Macapagal

B. Conflict of Interest

Before the meeting commenced, Cole Martin asked if there were any Board Members who had a conflict of interest related to the agenda. No conflicts were disclosed.

II. APPROVAL OF AGENDA

A. March 12, 2019

Moved by Grant seconded by Cole Martin to approve the agenda as presented.

No further discussion. Ayes – 7. Motion carried unanimously.

III. APPROVAL OF BOARD MINUTES

A. December 11, 2019

Moved by Grant seconded by Cole Martin to approve the minutes as presented.
No further discussion. Ayes – 7. Motion carried unanimously.

B. February 12, 2019

Moved by Grant seconded by Cole Martin to approve the minutes as presented.
No further discussion. Ayes – 7. Motion carried unanimously.

IV. APPROVAL OF COMMITTEE MINUTES

A. Parking Committee Minutes February 12, 2019

Moved by Grant seconded by Cole Martin to approve the minutes as presented.

No further discussion. Ayes – 7. Motion carried unanimously.

V. NEW BOARD MEMBER MEMBERSHIP

A. Board Organization

- Stephen Holmes
 - In attendance – welcomed and officially began 2-year term
- Jess Kirby
 - Will begin attendance at April, 2019 meeting

VI. CAMPUS RECREATION STAFF REPORTS

Members of the Board were curious of what CAS stands for:

CAS – Council for the Advancement of Higher Education Standards.

Members of the Board were curious of what SMT stands for:

SMT – Student Marketing Team

Competitive Sports and Youth Programs:

Skyler Cook leaving the Campus Recreation professional staff between May 1st to July 1st.

Turnstiles:

Steve concerned about how his ID has not been working on the turnstiles. Eli provided an explanation and solution for him.

Boxing Club:

Skyler Cook, Dave Fehring, Christina Lorete received club sport application and will review it and meet with the applicants in order to move to the next step of making it a club sport.

E-sports Club:

Skyler Cook, Dave Fehring, Christina Lorete received club sport application and will review it and meet with the applicants in order to move to the next step of making it a club sport. This is already an SGA approved club on campus, and now they are looking to make it a more competitive club sport which is managed under Campus Recreation.

Youth Programs – Birthday Parties:

New marketing avenue – *Mom's Blog* – has next to tripled our reservation/registration numbers for birthday parties, youth camps, and *Kid's Night Out*.

Youth Programs – Daycare:

Grant was curious if Campus Recreation was considering a daycare for student's children to be dropped off when they come in to workout. David Fehring elaborated that Campus Recreation is looking into it and considering all the variables in order to best understand if Campus Recreation serves a role in this type of service.

Club Sports Proposal:

Stephen Holmes told the Board that the Campus Recreation student-led club sports funding proposal was put on hold for the time being due to current legal struggles going on between UCCS Student Life and a specific club.

VII. FINANCIAL REPORTS

No comments from the Board.

VIII. UCCS COMMUNITY & BOARD COMMENTS

A. CU Denver Field Trip Information Share

Steve Jennings:

- Only has been open since July 2018
- No wellness center attached to their fitness center. They must use a golf cart in order to transfer students to the wellness center
- Their wellness center has drug and alcohol rehabilitation classes which ours does not
- Was aware that they are in the process of hiring a financial counselor to help students with loans and money management.
- The CU Denver campus has a higher mental health concern and health concern, so we believed that was why they were focused on wellness.
- Also had a separate nap room which was nice.
- Liked the two group fitness rooms
- Climbing walls were impressive. Lead and bouldering walls.
- Impressive noise canceling flooring to prevent fitness floor from making a lot of noise.
- Almost all Big Agnus camping gear from a deal. This is impressive, and could be utilized for the SOLE center to have.

Skyler:

- Commented on the nice grass turf area near the facility and common area as well. Talk to convert grass turf area near student housing, though Skyler recommended against because of water costs.
- Had an outdoor walkway with views of the green space and nice for yoga classes and outdoor exercise or lounging.
- Thought they had a nice personal training suite. Had Bioelectric analyzer for students to use, gives a lot of health tips and body biometrics.
- Enjoyed the Group fitness rooms along with the clean and large amount of storage space for them. Also thought the cloud ceilings complemented the space.
- Impressive technical setup and equipment for group fitness classes
- Large office space, with windows, and lots of room.
- SOLE area had good equipment, space, rental process, and maintenance potential.
- Nice breakout rooms that could be reserved and utilized for a variety of purposes

Grant:

- They avoided the word recreation and focused a lot on it being all for wellness.
- Nap and meditation areas were a nice touch.
- They are focused on looking at all areas of wellness for students
- Liked their technical setup and equipment for group fitness classes
- Impressed by the functional training area, liked the additional weight area overlooking the gymnasium.

Stephen Holmes:

- Commented we have a meditation room on third floor of library. Theirs was very peaceful however.
- Liked the cloud ceiling in the group fitness rooms.
- Climbing Walls were a great addition.
- Liked the implementation of noise canceling flooring to prevent fitness floor from making a lot of noise.

Shonda:

- Shonda liked the idea of the game room and reflection meditation areas so students could transition from relaxation to physical activity if they wanted.
- Not many board games, though they had a chess board.

Tamara:

- Liked the move it fitness challenge.
- Nice cooking area

IX. PRESENTATIONS

A. Budget Presentation – April Meeting

X. OLD BUSINESS

- A. Future Officer Appointments – April / May
 - President
 - Vice President
 - Recording Secretary
- B. Future Committee Appointments – April / May
 - Bylaws
 - Policy
 - Recreation Trails
 - Budget
 - Parking
 - Campus Recreation Outdoor Facilities
- C. Clubs Sports Committee Involvement / Appointment – April/May
- D. Social Norming Focus Group
 - Steve Jennings wants to look into the goals of the Social Norming.

XI. NEW BUSINESS

- A. CAS Internal Review Committee Interview of RAB
 - a. Scheduled for March 19 at 3:15 PM, all Board Members welcomed to participate
- B. Board Organization
 - Board Term Appointments
 - Cole Martin; March 2021
 - Tamara Marshall; March 2021
 - Danielle Morin; March 2021
 - Dr. Vicki Schober; March 2021
 - Dr. Steve Jennings; March 2021
 - Retiring Aug 2020

Moved by Shelby Blanchard and seconded by Grant Nelson as a collective vote to approve and extend all board term appointments by two years.
No further discussion. Ayes – 9. Motion carried unanimously
- C. NCHA Survey
 - a. All student Board Members were asked to take the NCHA survey and to promote the survey to other students in order to obtain statistically valid response rate and great data

XII. FURTHER BUSINESS

No further business was introduced to the Board.

XIII. MEETINGS TO SCHEDULE

No further business was introduced to the Board.

XIV. CALENDAR OF EVENTS/PROGRAMS

No new events or programs were introduced to the Board.

XV. ADJOURNMENT

Moved by Cole Martin and seconded by Grant Nelson to adjourn the meeting of the Recreation Advisory Board at 4:57 PM.

No further discussion. Ayes – 9. Motion carried unanimously.

Cole Martin, Board President

Grant Nelson, Secretary

Recorded by: Eli Sheets