

**Black Cherry Sorbet**

**Ingredients- Yields 4 sevings:**

* 2 pounds of frozen, pitted cherries
* 1 cup of water
* ½ cup of maple syrup or honey
* Lime juice (from 1 lime)

**Directions:**

1. Place all ingredients into a blender or food processor and blend until smooth
2. Enjoy! Or, store in an airtight container in the freezer. Can be stored in the freezer for up to a month!