### **INGREDIENTS**

### Apple Filling:

- 3 Medium Apples, cored and thin sliced
- 2 tbsp Brown Sugar
- 1 tbsp Honey
- ½ tbsp Vanilla Extract
- 1 tbsp Cinnamon

### Banana Filling:

- 5-6 ripe Bananas
- 2 tbsp Brown Sugar
- ½ tbsp Vanilla Extract
- ½ cup Chocolate Chips

### **Crisp Topping**

- 2 cups Granola
- ½ cup Pecans, chopped
- ¼ tsp Cinnamon
- 1 tbsp Brown Sugar



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# **Vegan Fruit Crisp**

## Dairy-Free | Vegetarian | Vegan

Yield: Prep Time: Cook Time: 12 Servings 15 Min 30 Min

## **NUTRITION FACTS**

Calories: Fat: Carbohydrate: Fiber: Protein: 130 kcal 7 g 16 g 3 g 2 g

### **DIRECTIONS**

- 1. Preheat the oven to 350 F. Grease two 8-inch square baking pans with coconut oil; set aside.
- 2. To core the apples, quarter them after peeling and remove core. Slice lengthwise.
- 3. In a large mixing bowl, combine all apple filling ingredients and mix well until apples are completely coated and the sugar has dissolved. If the mixture is not very wet, add about ½ 1 tbsp of water at a time and mix until mixture has visible liquid in the bottom of the bowl.
- 4. Repeat step 3 for banana filling. Set aside.
- 5. Pour the filling mixture into two baking dishes. Use a spatula to smooth the filling into an even layer.
- 6. Bake for 20-30 minutes or until the fruit is golden and juice has thickened.
- 7. Take it out from the oven and top it with granola and nuts of your choice.
- 8. Let cool before serving and enjoy!