



INGREDIENTS

- 1, 14 oz package Kielbasa, cut in rounds
- 1 Green Bell Pepper, diced
- 1 Red, Orange, or Yellow Bell Pepper, diced
- 1 Onion, diced
- 2 Potatoes, diced
- 1 Sweet Potato, diced
- Olive Oil
- Salt and Pepper

DIRECTIONS

1. Coat skillet in olive oil and set at medium heat.
2. Add onions and potatoes to skillet and season with salt and pepper. Add kielbasa and peppers. Cook until potatoes are browned and cooked thoroughly and kielbasa is heated through.

Kielbasa

w/ Pepper and Potatoes

Dairy-Free | Gluten Free | High Protein

Yield:
4-6 Servings

Prep Time:
10 Min

Cook Time:
15 Min

NUTRITION FACTS

| | | | | |
|-----------|------|---------------|--------|----------|
| Calories: | Fat: | Carbohydrate: | Fiber: | Protein: |
| 500 kcal | 30 g | 26 g | - g | 16 g |