

INGREDIENTS

- 5 ½ cups Cereal of Choice
- 1 cup Almonds, sliced
- ¼ cup Sunflower Seeds
- ¾ cup Dried Fruit of choice
- ¼ cup Unsweetened Coconut, shredded or flaked
- 2 tbsp Butter
- 1 package Marshmallows

DIRECTIONS

1. Mix together cereal, protein, nuts, seeds, fruits and coconut. Set aside.
2. Melt butter until liquid on stove top or microwave.
3. Combine marshmallow and butter and stir until blended.
4. Combine all ingredients into the marshmallow mixture until evenly coated.
5. Place and press the mixture into a greased 9x13 inch pan and let cool.
6. Cut into bars and enjoy!



Homemade Fruit Granola Bar

Dairy-Free | Vegetarian |

Yield:
24 Servings

Prep Time:
15 Min

Cook Time:
15 Min