

INGREDIENTS

- 1 cup Quinoa, Dry
- 1 cup Milk of Choice
- 1 cup Water
- 1 ½ tbsp Cocoa Powder, unsweetened
- 2 tbsp Honey or Maple Syrup
- Cinnamon, to taste

DIRECTIONS

1. In a pan, mix quinoa, milk, water, and cocoa powder.
2. Bring to a boil, then reduce heat to simmer and cover pot for ~15 mins
3. When all liquid is absorbed remove from heat and stir in all other ingredients (honey/nuts/butters cinnamon)
4. Enjoy!



Chocolate Quinoa Bowl

Gluten Free | High Protein | Vegetarian

Yield:
2 Servings

Prep Time:
5 Min

Cook Time:
20 Min