INGREDIENTS

- 4 slices of local Bread
- 1 Avocado, halved, pitted, and sliced
- Salt
- Pepper

DIRECTIONS

- 1. Slice bread.
- 2. Spread ¼ of avocado on each slice of bread.
- 3. Sprinkle with salt and pepper.

4. Enjoy!





UNIVERSITY OF COLORADO COLORADO SPRINGS

Avocado Toast w/ Nightingale Bread

Dairy-Free | Vegetarian | Vegan

Yield: 4 Servings Prep Time: 5 Min Cook Time: 5 Min