

Kale Chips

Ingredients:

1. Kale
2. 1-2 tablespoons of olive oil
3. Salt and seasonings of your choice (pepper, garlic powder, onion powder) to taste.

Instructions:

1. Preheat oven to 275 degrees.
2. Mix kale chips with olive oil, salt, and any other seasonings of your choice.
3. Bake for 20 minutes.
4. Enjoy!

