

r. 24 CPR/AED for Professional Rescuers Instructor Course Fact Sheet

Course Purpose

The CPR/AED for Professional Rescuers Instructor course trains instructor candidates to teach the American Red Cross CPR/AED for Professional Rescuers course.

Course Prerequisites

- Be at least 17 years old on or before the final scheduled session of the CPR/AED for Professional Rescuers Instructor course.
- Possess a current basic-level certification in American Red Cross CPR/AED for Professional Rescuers, Lifeguarding, Basic Life Support or Emergency Medical Response.
- Obtain instructor and participant course materials before starting the course.
- Successfully complete the online session of the CPR/AED for Professional Rescuers Instructor course prior to the precourse session.
- Successfully complete the prerequisite skill assessment scenario to continue in the course.

Course Length

The CPR/AED for Professional Rescuers Instructor course is delivered in a blended learning format, consisting of an online session (completed independently by the candidate) and in-person sessions (led by an American Red Cross–certified instructor trainer).

- The online session for the instructor course takes approximately 2 hours to complete.
- The instruction time for the in-person sessions, including the precourse session, is 13 hours. The instruction time does not include time for breaks or transitions. When scheduling the in-person sessions, additional time must be added to accommodate breaks and transitions.

Course Materials

- American Red Cross *CPR/AED for Professional Rescuers Participant’s Handbook* (print or digital)
- American Red Cross *CPR/AED for Professional Rescuers Instructor’s Manual* (candidates are required to bring a print version of this manual to the in-person sessions of the instructor course)
- CPR/AED for Professional Rescuers course videos (available to download from the Red Cross Learning Center, included in the CPR/AED for Professional Rescuers Course Presentation for Instructor-Led Training, or by purchasing the CPR/AED for Professional Rescuers DVD set)
- CPR/AED for Professional Rescuers Course Presentation for Instructor-Led Training (available to download from the Red Cross Learning Center)

Digital materials and video are available on the Lifeguarding Instructor Candidate’s Page of the Red Cross Learning Center (redcrosslearningcenter.org/s/instructor-candidate-resources)

Print materials, the DVD, and a Lifeguarding Instructor's Kit that includes all required materials for teaching the Lifeguarding course are available for purchase on the Red Cross Store (redcross.org/store).

Successful Completion/Certification Requirements

To successfully complete the instructor course and earn certification, candidates must:

- Complete the American Red Cross CPR/AED for Professional Rescuers Instructor course online session content in advance of the in-person sessions.
- Attend the entire course and participate in all class sessions.
- Successfully complete the CPR/AED for Professional Rescuers Instructor skill practice and polish.
- Successfully complete all course activities, including the small group assignments and practice teaching assignments.
- Demonstrate instructor-level skill competency in all skills.
- Pass the final written exam with a minimum grade of 80 percent.

Certification

Participants who successfully complete the CPR/AED for Professional Rescuers Instructor course will be issued the following American Red Cross certificate: **CPR/AED for Professional Rescuers Instructor** that is valid for 2 years.

To maintain the CPR/AED for Professional Rescuers Instructor certification, a currently certified CPR/AED for Professional Rescuer Instructor must do all the following:

- Teach or co-teach and report at least one CPR/AED for Professional Rescuers course during the 2-year certification period.
- Successfully complete the American Red Cross CPR/AED for Professional Rescuers Instructor Recertification Assessment online course prior to certificate expiration. A 30-day grace period may apply but it does not extend the certification beyond the 2 years. The reassessment course can be launched on the 'My Certifications' tab in the Red Cross Learning Center within 90 days of expiration.
- Complete all applicable course updates prior to the update deadline.

Once the CPR/AED for Professional Rescuers Instructor certification is expired, a participant must successfully complete the American Red Cross CPR/AED for Professional Rescuers Instructor course or the CPR/AED for Professional Rescuers Instructor Crossover/Re-entry course (if expired by no more than 2 years) to earn certification again. If qualified, the candidate may take the CPR/AED for Professional Rescuers Instructor online bridge course. See 'Bridging to Become an Instructor' on the Learning Center.

Instructor Trainer

To instruct American Red Cross CPR/AED for Professional Rescuers Instructor course, the instructor trainer must hold a current r.24 American Red Cross CPR/AED for Professional Rescuers instructor trainer, r.24 Lifeguarding instructor trainer, Emergency Medical Response instructor trainer, or Basic Life Support instructor trainer certification and have updated to the r.24 CPR/AED for Professional Rescuers program.

Course Objectives

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Identify key responsibilities of American Red Cross-certified CPR/AED for Professional Rescuers instructors.
- Conduct the American Red Cross CPR/AED for Professional Rescuers course in a manner that helps participants to stay engaged in the learning process and meet course objectives.
- Describe the purpose of, and training foundations for, the American Red Cross CPR/AED for Professional Rescuers course.
- Describe the core competencies that form the basis for the curriculum of American Red Cross CPR/AED for Professional Rescuers course.
- Describe the process used to ensure that the content of American Red Cross training courses is grounded in science.
- Identify the American Red Cross CPR/AED for Professional Rescuers course benchmarks for professional rescuers and facilities.
- Describe how the American Red Cross CPR/AED for Professional Rescuers course materials are used by instructors and participants.
- Effectively plan, schedule and prepare to teach the American Red Cross CPR/AED for Professional Rescuers course.
- Use various teaching methods to effectively deliver the course content.
- Follow the lesson plans and outlines in the *CPR/AED for Professional Rescuers Instructor's Manual* to deliver high-quality standardized training.
- Effectively run skill practice sessions, skill drills, putting it all together activities and multiple-rescuer team response scenarios.
- Monitor participants' skill practice, assess performance, and provide positive and corrective feedback.
- Effectively evaluate participant performance during the final skill assessment (testing scenario).
- Describe how to locate instructor resources and use essential administrative functions in the Red Cross Learning Center.
- Explain procedures for reporting courses and issuing certificates to participants.
- Identify the next steps instructors should take after obtaining their American Red Cross CPR/AED for Professional Rescuers Instructor certification.
- Identify actions instructors must take to maintain their certification as a Red Cross CPR/AED for Professional Rescuers instructor.

CPR/AED for Professional Rescuers Instructor Course Outline

Precourse Session		
Topic	Method	Time
Introduction to the Precourse Session	L	3 minutes
Verification of Training Prerequisites	L	2 minutes
Prerequisite Skill Assessment Scenario	L, A	30 minutes
Skill Practice and Polish	SP	2 hours
Introduction to the CPR/AED for Professional Rescuers Instructor Course In-Person Session	L	5 minutes
Teaching Activities and Assignments	L	10 minutes
Precourse Session Total Instruction Time		2 hours, 50 minutes

Lesson 1: Training Professional Rescuers		
Topic	Method	Time
Training Foundations	L	5 minutes
About the Science	L	10 minutes
CPR/AED for Professional Rescuers Course Flow and Lesson Objectives	L	10 minutes
How to Use the Lesson Plans and Program Materials	L	25 minutes
Helping Participants Learn and Practice Skills	L	10 minutes
<video> Observing and Evaluating Skills and Giving Feedback	L, A, V	25 minutes
TOTAL INSTRUCTION TIME		1 hour, 25 minutes

Lesson 2: Teaching Activities—Part 1		
Topic	Method	Time
Small Group Teaching Activity—Classroom	L, A	25 minutes
Reciprocal Practice: Conducting and Evaluating Skill Practices	L, A, SP	40 minutes
Practice Teaching Preparation	L	10 minutes
TOTAL INSTRUCTION TIME		1 hour, 15 minutes

Lesson 3: Teaching Activities—Part 2		
Topic	Method	Time
Practice Teaching Assignment I	PTA	1 hour, 45 minutes
Reciprocal Practice: Conducting and Evaluating Scenario-Based Skill Practices	L, A, SP	15 minutes
Practice Teaching Assignment II	PTA	2 hours, 40 minutes
TOTAL INSTRUCTION TIME		4 hours, 40 minutes

Lesson 4: Administering Courses and Closing		
Topic	Method	Time
Preparing for a CPR/AED for Professional Rescuers Course	L, A	30 minutes
<video> Teaching CPR/AED for Professional Rescuers Courses	L	40 minutes
Eligibility to Teach Courses	L	10 minutes
Next Steps as an Instructor	L	5 minutes
Red Cross Learning Center	L	30 minutes
Training Provider Course and Price List	L	10 minutes
Maintaining Your Instructor Certification	L	10 minutes
Instructor Course Written Exam	A	30 minutes
Closing	L	5 minutes
TOTAL INSTRUCTION TIME		2 hours, 50 minutes

TOTAL COURSE INSTRUCTION TIME (excluding break and transition times)		13 hours
TOTAL TIME FOR MEALS, BREAKS, TRANSITIONS		TBD*
TOTAL COURSE TIME		TBD*

* Instructor Trainer will add time to the schedule for the course.